# VOLUNTEERING FOR RIGHTS RESOURCE NETWORK SA



## Rights Resource Network SA

connecting change creators + law makers www.rightsnetworksa.com

### You Champion!

# Your contributions big or small will make a difference and help you stand out to future employers

As a volunteer of the Rights Resource Network SA you will boost your skills and employment experience by...

- Demonstrating your ability to translate academic skills to practical situations
- Building networks among potential employers and developing a professional identity in the community
- Developing hands-on skills in leadership, teamwork and collaboration in an area you feel passionate about
- Receiving mentoring including constructive, practice-based feedback on your written and oral communication skills
- Gaining a greater understanding of career decision-making and discover new areas of interest in your chosen profession

The Rights Resource Network SA is a groundbreaking new initiative designed to connect students, researchers, lawyers and policy makers with community organisations and individuals with on-the ground experience supporting and representing South Australians across a diverse range of sectors. The Rights Resource Network is a volunteer-run network that received funding from the Law Foundation of South Australia in 2020. The Network does not have a standalone policy agenda. It exists to share information and create opportunities for collaboration and joint advocacy among academics, community organisations and individuals who are committed to protecting the human rights of South Australians.

The Network is governed by a volunteer <u>Advisory Group</u> with broad range of expertise and experiences.



#### Taking care of yourself!

Volunteering is rewarding and great fun, but it also takes time and energy. Remember that as a volunteer for Rights Resource Network SA we care about you and your wellbeing. We want you to look after yourself and 'say no' when you need to. We encourage you to give first priority to your studies, your family responsibilities and paid employment – never feel pressured to keep volunteering if it doesn't fit in with the rest of your life

#### Making the most of your volunteer experience

Being a great volunteer means:

- Approaching tasks with energy and enthusiasm
- Looking to use your skills, experiences and connections to add value to the work of the Network
- Making friends and developing professional relationships and professional identity
- Making sure you get something concrete out of the experience for your future career.

To make sure you get the most out of your volunteer experience, start by asking looking at your current CV and ask yourself "What gaps would this experience fill?" For example, if you already have experience working independently, you might want to volunteer for a team-based experience. If you haven't published any academic research before, you might want to put your hand up to write a submission, blog or article.

Think also about **how you plan to build your own professional network** though your volunteering experience. This might include following up a workshop discussion with an email to other participants, introducing yourself and asking them to catch up for a coffee.

Also consider how much time you have to allocate to this type of volunteering – try and be as honest as possible. It's better to start small and build up rather than take on too much and feel overwhelmed!

Finally, make sure you write up your experiences and enter them into your CV as soon as they are complete so you don't forget the skills you developed. Feel free to ask for help with this, it's a great way to improve the quality of your CV.

## WHAT JOBS ARE AVAILABLE NOW?

Please visit the Rights Resource Network SA <u>Jobs Board</u> for current vacancies!